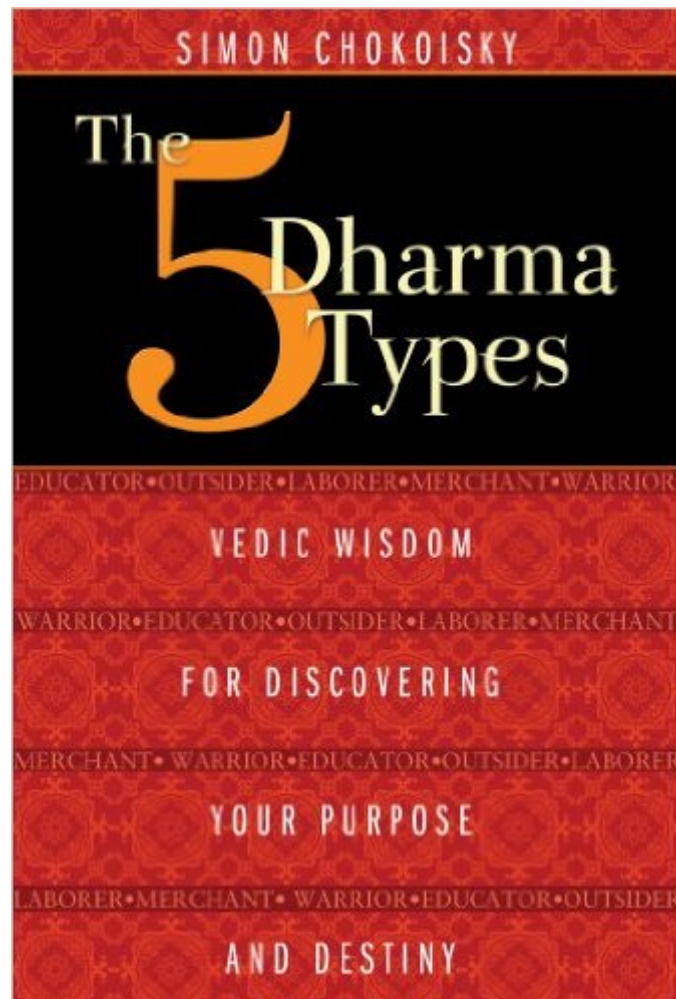


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The Five Dharma Types: Vedic Wisdom For Discovering Your Purpose And Destiny



Synopsis

A handbook for unlocking the soul's purpose and manifesting a fulfilling life • Reinterprets the traditional Dharma system of ancient India as a map for revealing one's true purpose • Provides tests for determining one's Dharma type • Explains the benefits, challenges, and social, interpersonal, and health dynamics associated with each of the 5 Dharma types Have you ever wondered why, despite great obstacles, some people achieve success, while others, though given everything, seem to squander it away? Or why some people, despite having very little, radiate joy, while others appear miserable though surrounded by opulence? The answer is Dharma: knowing your soul's purpose and living it is the key to creating a fulfilling life. Built on a deep body of Vedic knowledge, the ancient system of social structure and spiritual duty known as Dharma has modern applications for people seeking their life's purpose. Author Simon Chokoisky explains the five Dharma archetypes--Warrior, Educator, Merchant, Laborer, and Outsider--and how your life's purpose goes hand-in-hand with your Dharma type. Providing tests to determine your type, he outlines the benefits, challenges, emotional and learning styles, and social, interpersonal, and health dynamics associated with each type. Chokoisky reveals how the Dharma types function as an operating system for your identity, helping you map your life and play to your innate strengths, whether in choosing a prosperous career or field of study or in facing health challenges and meeting fitness goals. By accepting and understanding the nature of your type, you begin to align with your true purpose and, regardless of fate, find joy and meaning in life.

Book Information

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Customer Reviews

Attended a lecture with Simon who talked about the principles in this book. He and the book are down-to-earth. I was intrigued enough with the lecture to purchase the book, a dvd and to have a reading with him. I would highly recommend the book and a reading after, at least, skimming the sections that you believe represent your Dharma type (I was happily incorrect about my type). I feel like the missing links in the pattern of my life has emerged. My life map, as interpreted by Simon, answered lingering questions that I had about my purpose. Specifically, he identified areas in which I secretly wanted to excel but had not been sufficiently certain if they were meant to be a part of my life's work. Inspiring and recommended for people who prefer a practical outline and approach to finding their life's path and seeing what potential stumbling blocks may stand between you and a purposeful life.

It is amazing how accurate the dharma types are! As an experiment, I had some of my students do the assessment and ALL of them were as blown away by the results as I had been. If I had known I was an Outsider type, I could have avoided many mistakes and heartaches along the way. I highly recommend this book!!

This book is loaded with rich insights and ways to understand your path and great advice for living it. Not only is it enriching for personal insight, it's great for understanding other people and your interaction with them in relationships. Simon's work in this book is truly a diamond in the rough, and I highly recommend this book, along with his DVD's on Decoding your life map. They pair together very well and will keep you flipping pages and writing notes for hours!

Sadly many people working today in professions are dissatisfied with their career choice which creates a lot of physiologic stress. And because of how society functions today there tends to be little help for those looking for their life's avocation early in their lives. Making use of ancient techniques Chokoisky helps us make sense of what purpose means and how that information can be practically applied to help clarify this at times confusing journey that we call "finding our purpose in life." A great contribution and important information.

Wonderful insights await you in this brilliantly-crafted book on the Dharma types. Written for anyone to comprehend easily and clearly, it is a guide for understanding our society, ourselves and others better. Reading it has helped me connect a few more dots in the grander scheme of things. I give this book my highest recommendation.

The 5 Dharma Types: Vedic Wisdom for Discovering Your Purpose and Destiny by Simon Chokoisky introduces us to the five Dharma types and gives us a self test to determine ours. The five Dharma types are: the educator, warrior, outsider, laborer, and merchant. In the first part of the book we are shown the five different types. Each chapter for a specific dharma types gives us famous people from that type, a basic overview of that type, and things that specifically effect each dharma type. In part two we are taught how to effectively live our dharma. We are shown paths to wellness for each type, their social conscience, the element, season, and taste for each type. We are also shown how each type deals with money and professions that are good for each one. I liked learning about each of the different dharma's and how they interacted and relate with each other. I think this book is inspiring. I would recommend this book to those who want a way to find their purpose through vedic wisdom or to those interested in vedic wisdom. I acknowledge that I received this book from Inner Traditions/ Bear & Company Publishing for free in exchange for my honest and unbiased review of the book.

Enjoyable, insightful and most useful for daily life. A good reference work to have in hard copy. I have been a student of Vedic thought for over twenty years and was surprised at how much I learned.

This is a great book that really helps you know yourself. The different dharma types are explored at length, and by the end you truly have a new perspective on yourself and even what to do with that new knowledge. A great and informative read. Would be a great gift for anyone on a path to discovery or looking for a new career.

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